

Medi-Sculpt™

Aesthetic & Anti-Ageing Solutions

FREE VISIA SCAN
CALL 0861 003 007



You're going to love the fact that we've been in business for 18 years, because it means you're in experienced hands and we know how to take care of you with Dr Reddy having performed over 10 000 cosmetic procedures!

THE MEDI-SCULPT PATIENT PROMISE

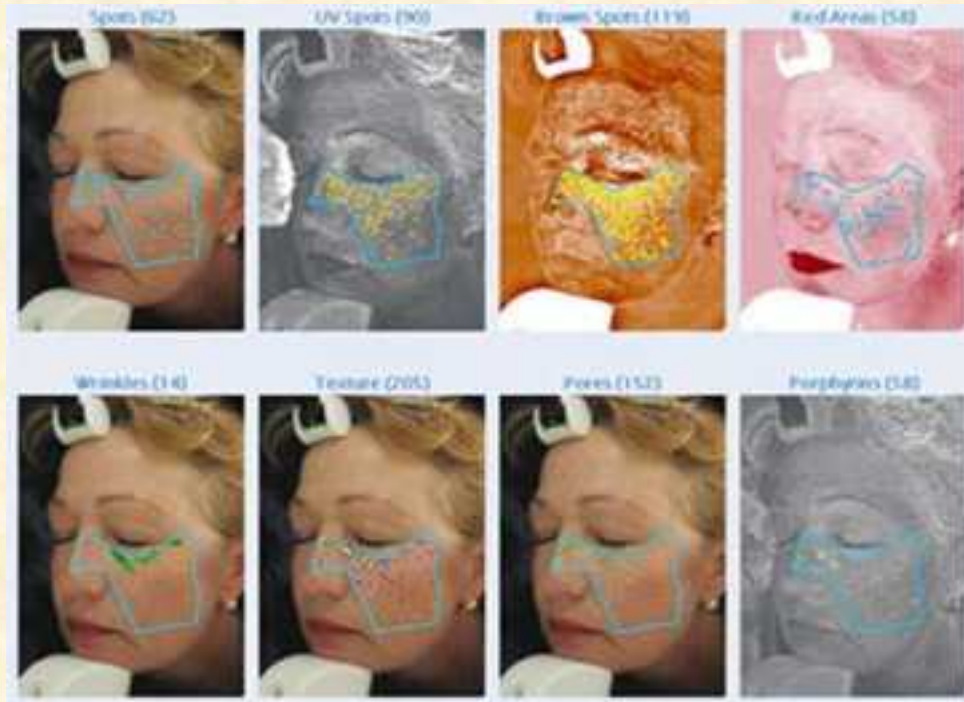
AS AN ESTABLISHED DOCTOR LED MEDICAL COSMETIC CLINIC, YOUR SAFETY, RESULTS AND HAPPINESS IS OUR NUMBER ONE PRIORITY.

We will provide you with a safe & relaxed environment where you are encouraged to discuss any procedures, ask questions & voice any concerns.

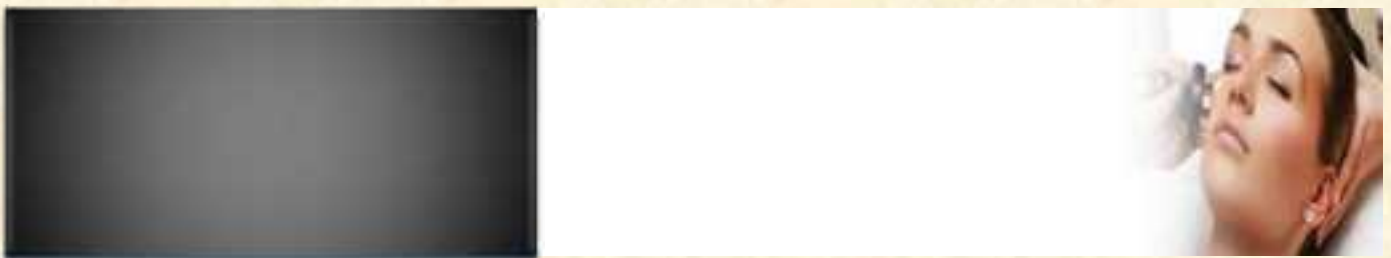
We offer free, no obligation VISIA scans as it is very important that regardless of the procedure, you feel comfortable that you are fully informed & have realistic expectations of the outcome.

How Are We Different?

- ✓ The Medi-Sculpt Difference 1
We will always offer sound professional advice based on your individual requirements and will only offer treatments that we consider are both effective and safe. We will never offer you any treatment that we would not consider for ourselves.
- ✓ The Medi-Sculpt Difference 2
Our recommendations for treatment will be based on your requirements first, and will not be influenced by their relative potential for financial gain. You will not be pressurised into undertaking any treatment.
- ✓ The Medi-Sculpt Difference 3
We are dedicated to continuous professional development and ongoing advanced training; ensuring we comply with all HPCSA ethical and educational guidelines.
- ✓ The Medi-Sculpt Difference 4
We continually review the procedures we offer to ensure that you can benefit from up-to-the-minute treatments, but only if they are scientifically proven to be effective and safe.
- ✓ The Medi-Sculpt Difference 5
Our appointment intervals are booked so that you will not feel rushed, and wherever possible and we offer appointments at times that will fit in with your busy lifestyle. We also guarantee that if unavoidable, you will never be kept waiting for more than 15 minutes for your appointment.
- ✓ The Medi-Sculpt Difference 6
We welcome your honest feedback and take any comments onboard to ensure we are continually assessing and improving our service to you.
- ✓ The Medi-Sculpt Difference 7
We offer you a FREE facial scan to determine the condition of your skin. The skin is assessed for wrinkles, sun damage, open pores, texture and spots. The complexion analysis report would advise on the appropriate treatment. We have been taking standardised images with a specially designed camera system for the last thirteen years. This state of the art equipment will help us to more accurately assess and discuss your individual need when you come into our clinic.



- ✓ The Medi-Sculpt Difference 8
After your initial treatment with injectables, we offer you a FREE follow up visit to assess your initial response and satisfaction.



Facial Treatments-

We all like to think that we'll age gracefully, but the appearance of lines and wrinkles, loss of facial volume and tear troughs under the eyes can affect some people's confidence - encouraging them to look for advice and proven ways to reverse some of these ageing effects. Many of these visible signs of ageing skin can be significantly improved, in skilled hands - and various products and procedures can play a big part in helping to deal with specific lines and wrinkles, and establish more youthful facial contours.

Body Treatments-

Ageing hands, cellulite and spider veins on the body and face can be easily treated using the latest techniques and devices. Over time, ageing hands tend to become thinner revealing more prominent veins and sometimes underlying bones and joints. These changes occur because of loss of fat and sun exposure, which can thin the skin making it crepey and more translucent in appearance. Cellulite is the unsightly, lumpy, irregular fat deposits which 90% of adult women suffer from. The condition leaves women, and very rarely men, with a dimpled appearance in the skin on the legs, buttocks and hips. Whilst the appearance of cellulite has no medical implications, it can take an emotional toll on your self confidence and self esteem. Whilst completely harmless to your health, thread veins are often regarded as an unflattering sight. Men and women can feel quite frustrated and embarrassed when these appear on the legs or face. Thread veins, often known as broken or spider veins, are tiny red, blue or purple lines just below the skin. They are veins that have become dilated and more easily visible through thinner, usually older skin.

Skin Care Treatments-

Whatever age or skin type you are, there's something for you in the Medi-Sculpt collection, to improve or maintain the 6 symbols of truly healthy skin:

- Smoothness
- Strength
- Firmness
- Even Tone
- Hydration
- Protection from disorders

The results-orientated therapies are tailored to suit your skin's specific needs, and are designed for you to apply at home. Not one package fits all, and that's why our skin products are only available from an authorised clinic like Medi-Sculpt.

To find out which products are best for you, get in touch with us at Medi-Sculpt and book in for your free [VISIA scan](#).

Prices of products vary depending on the specific programme or individual product.



Skin ageing is a natural process, but daily sun exposure can contribute to premature ageing, slowing down the turnover of skin cells between healthy new cells and old damaged cells.

The Obagi Nu-Derm System penetrates the skin's surface to transform the skin's appearance and help correct the damage within...revealing healthy, younger-looking skin.

Nu-Derm is ideal if you have:

- Age spots
- Rough skin
- Erythema (redness)
- Sallowiness (yellowish complexion)
- Hyperpigmentation (discoloration)



Innovative Science for Healthy Skin

To maintain and improve skin health, an effective skincare regimen must contain three fundamental elements: Prevention, Protection, and Correction.

The SkinCeuticals® product philosophy is built around these principles. Designed to prevent future damage, protect healthy skin, and correct previous damage, SkinCeuticals® is committed to advanced skincare products that are backed by science.

Over time, regardless of lifestyle, skin begins to change. Signs of ageing may appear. Fine lines, wrinkles, discolouration, and loss of elasticity can become more visible. These signs can be the result of collagen breakdown, slower cell

turnover, and loss of moisture. Damage is intensified by sun exposure, environmental elements, and smoking. A strong preventative program is critical to help prevent further damage from these assaults. Additionally, SkinCeuticals® corrective products restore a healthier and more youthful appearance. This category includes products formulated specifically for delicate areas such as the eyes and lips.

Research shows that ageing skin is the result of more than just years on the calendar. Exposure to environmental elements like smoke, and air pollution can have negative effects on the appearance of skin and exposure to sunlight causes photo-ageing in skin, which can contribute to the appearance of lines, wrinkles, and skin discolouration. A comprehensive preventative programme can help protect against the visible signs of environmental aggressors and help protect against photo-ageing.

SkinCeuticals® sunscreens are formulated to provide true broad spectrum UVA/UVB protection to the skin. This advanced line of sun protection features Z-Cote®, transparent zinc oxide, to help protect skin from the damaging UVA rays, proven accelerate the signs of premature skin ageing. SkinCeuticals® offers a variety of cosmetically elegant sunscreens for various skin types and lifestyles

Dr Anushka Reddy

Dr Anushka Reddy graduated from Wits University in South Africa in 1997 and has been in the medical profession for 18 years, including fifteen years of cosmetic dermatology practice.

She is the owner of Medi-Sculpt Clinic which focuses on non-surgical cosmetic treatments and minimally invasive procedures. She is also founding member and President of the South African Association of Cosmetic Doctors (SAACD) and is the Scientific Director of Cosmedica, the Cosmetic Medicine Congress of South Africa.



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